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A Gibraltar company limited by guarantee registered as a charity at the Gibraltar Charity Registry with a registration number 196



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# Welcome



"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience and the passion to reach for the stars to change the world."

As we reflect on and celebrate the year gone by, we think of the dreamers whose ambitions are improving our society and making the world a better place, especially our partner organisations and the young people participating in the programmes they offer.

In 2022, another great year for Kusuma Trust, we supported a wide range of inspirational organisations with grants totalling over £5.6 million. This includes two new large capital grants – for the Kusuma gallery at the V&A museum's Photography Centre and the Kusuma Stem Cell Unit at University College London Hospital.

Following the success of our 2021 'Green Grants' open call, we introduced a 'Medical Funding' open call in 2022 for London hospitals looking for the last mile grant towards medical equipment. We are delighted to support some of the most dedicated healthcare professionals to get the resources they need.

# Education and inspiration

We found it rewarding to see young people's enthusiasm and engagement in a range of self-development programmes we supported last year. These were delivered through local youth organisations including **Caxton Youth Organisation** and the Avenues Youth Project. Our partnerships are also helping to inspire young people's career choices, through programmes run by world class organisations like the Royal Institution of Great Britain, the National Gallery and the London Transport Museum to name but a few.

Facing page: Gibraltar Health Authority neonatal equipment

One of our key goals is to get communities closer to nature. So we partnered with Trees for Cities to help transform tarmacked school playgrounds into safe green spaces. We also supported Thames21 in rewilding east London's river Rom, and The Garden Classroom to create an urban forest school. The Natural History Museum's Urban Nature Project that we supported is well underway. When it's completed in spring 2024, it will bring a biodiverse educational green space to visitors from around the world.

### Nurturing community in Gibraltar

As always, Gibraltar remains close to our hearts. We continued our biannual Kusuma University Talks, Excellence Awards and Professional Development grants. CYE-CYL, the Nautilus Project and Rock Retreat invited children to hone their creativity and confidence.

To support health and wellbeing we gave grants to

MBS Wellbeing's After School Programme and ChildLine Gibraltar. Critical care training was provided for nurses in the Gibraltar Health Authority and the Kusuma Trust Special Care Baby Unit is looking after newborn babies in need of critical care.

#### Progress in India

In India, our partner Transform Schools has established itself as an expert in secondary school education and is working with multiple State government education departments to improve the quality of education for millions of students. We also continued to support Sree Chitra Tirunal Institute for Medical Sciences & Technology as they upgrade their pain clinic for older people.

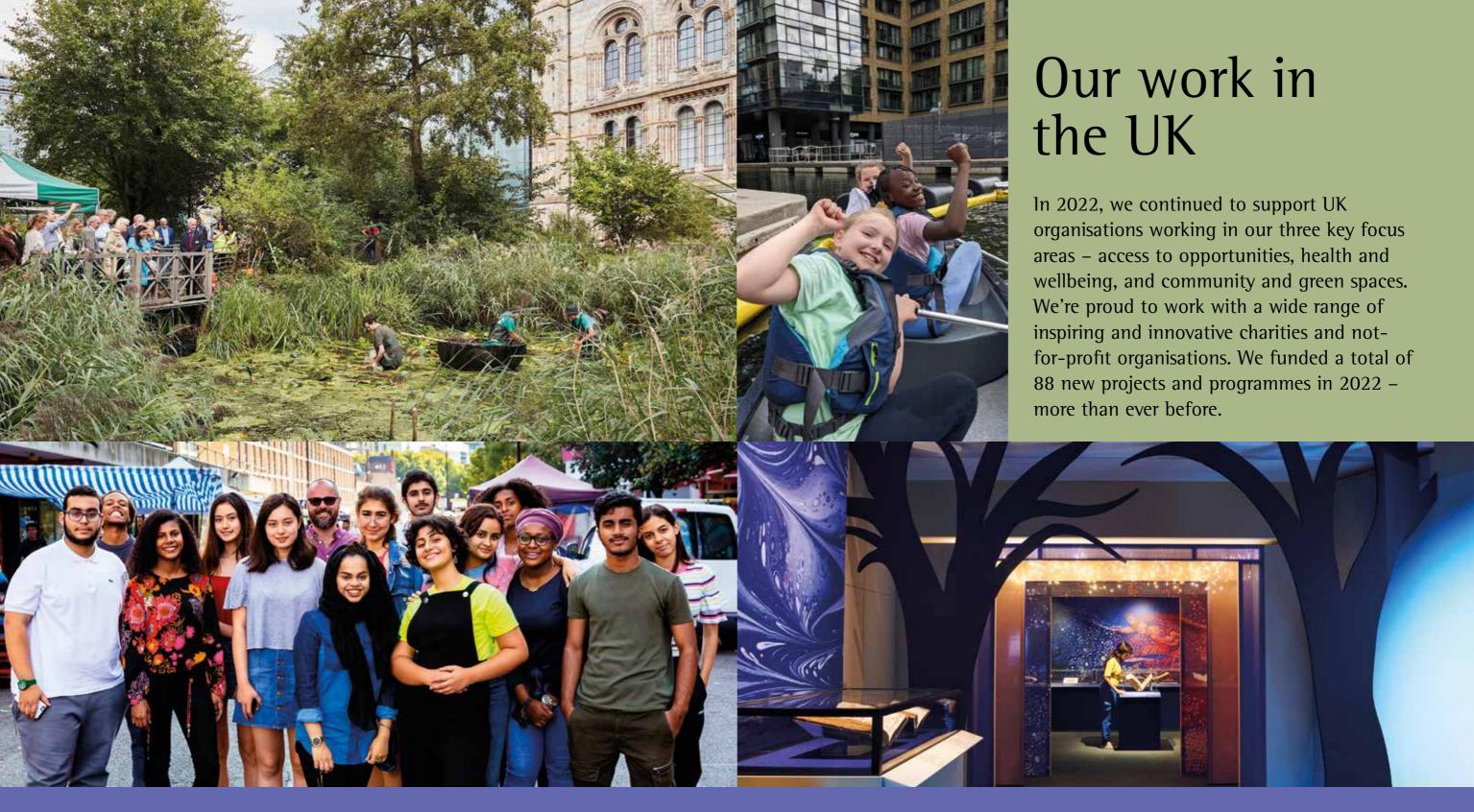
# Award-winning projects and programmes

We were delighted to see some of our partners recognised for their dedicated work. For example, Trees for Cities won a Community Tree Award at the London Tree and Woodland Awards. The Royal Brompton and Harefield hospitals won awards for Excellence in Life Support from the Extracorporeal Life Support Organisation (ELSO) and the Art Fund Museum of the Year award went to the Horniman Museum and Gardens.

We'd like to thank all our partners and their participants for the amazing work that they do. None of the achievements you read about in this annual review would have been possible without our advisors, trustees and staff members in the UK and Gibraltar. We cannot thank them enough. This review is a celebration of their tireless work, guidance and support. We invite you to join us in this celebration.

Soma Pujari, Co-founder and Executive Trustee Anurag Dikshit, Co-founder and Chair





Clockwise from top left: Natural History Museum, Beauchamp Lodge, British Library, Young Westminster Foundation – Young Ambassadors

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# Access to opportunities

Our access to opportunities grants help take education and learning way beyond the limits of the school curriculum. We partner with organisations supporting young people from all backgrounds to gain the kinds of experiences that open up possibilities and enhance their futures. In 2022, we supported projects including an outdoor chess festival, a migration education programme, and activity days for deaf young people.





Introducing the next generation to the world of transport

Our grant to the **London Transport Museum** funded the 'Inspire Engineering Careers' programme for 14 to 18-year-olds. Participants explored real-world challenges relating to transport, took part in one-to-one mentoring, and met transport and engineering professionals.



#### A new home for dance

The Royal Academy of Dance has been inspiring the world to dance for over a century. In 2022, they looked to the future with new state-of-the-art headquarters in Wandsworth. Our grant funded the Kusuma Studio, which features sprung floors, a piano and high specification sound equipment. It's perfect for the wide range of dance classes it hosts – ballet, contemporary, hip hop, musical theatre and more.

Every week, the Kusuma Studio hosts weekly inclusive dance classes for children with additional learning needs. A parent of one participant said: "My child struggles a lot with head control, but pretty much every week on the way home in the car she independently lifts her head for the journey home and loves to have a chat about the class and any funny things that have happened. She always seems relaxed after a session and maintains focus well, despite feeling the after-school slump."

#### Our work in the UK: access to opportunities

#### Developing life skills through art and creativity

We awarded a grant to **The National Gallery** in London for their ambitious art and oracy project for young people. Articulation engages young people with art and develops their confidence and ability to express their opinions, thoughts and conclusions, regardless of background or experience. Our funding helped establish the programme at its new home in the National Gallery, expand its reach to more schools particularly state schools - and develop new ways to engage students through in-depth consultation with pupils at five schools in the London borough of Westminster.

Young people with special educational needs and disabilities in Westminster have developed their communication skills and confidence by taking part in filmmaking and social media content production sessions. Caxton Youth

Organisation used our grant to hire professional videographers who supported participants to

make videos about their lives. The content they created was showcased on Caxton's social media channels. Our funding also paid for a specially modified minibus for one year, ensuring young people could get to and from the youth club safely and that they could go on trips together in the school holidays.

#### Dr Gabriele Finaldi, Director of The National Gallery, said:

"I am delighted that The National Gallery is able to adopt Articulation. By doing so it will strengthen its connection with thousands of young people in London and across the country, empowering them to express their ideas through exploring the work of inspiring artists, from the past and the present."



**Caxton Youth Organisation** 

#### Our work in the UK: access to opportunities





Construction Youth Trust

# Inspiration from industry experts

#### Construction Youth Trust's

'Building Futures in the
Tri-borough' programme has
been widening the horizons of
young people in west central
London and challenging career
stereotypes. The programme,
which we supported in its final
year, reached 4,500 students –
more than double its target.

■ 70% of young people reported that taking part

in activities opened their mind about the kind of people who can do well in the construction and built environment sector.

- 81% of young people said the programme helped them to understand how to get the qualifications or training they need to get the job/career they want.
- There was a 33% increase in young people interested in securing an apprenticeship at the end of Construction Youth Trust's programmes.

We helped fund two creative careers fairs at London's Somerset House. Each 'Upgrade Yourself Festival' aimed to support young people from underrepresented backgrounds to fulfil their potential. Practical and practiceled, the festivals reached 900 young people in person and thousands more online. through workshops, talks and mentoring sessions. They gained insights into career options and had the chance to talk to and be inspired by young creative professionals.

# Our active grants for access to opportunities in 2022

**A New Direction**, for their Cultural Ambassadors Week in London

**Ambitious About Autism**, to evaluate their Employ Autism programme

**Avenues Youth Project**, to run a kitchen skills project and refurbish their kitchen

**Avenues Youth Project**, to fund weekly activities for older teens





**British Library**, to support their participation in the Somers Town Festival

**British Library**, for their Alexander the Great exhibition

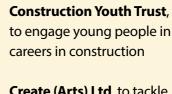
**Cambridge House,** to run sports sessions for young people with special educational needs

**Caxton Youth Organisation**, to run a digital media project and hire a modified minibus

**Chance to Shine Foundation**, for 52 street cricket projects

**Chefs in Schools**, for a programme to transform school food

Chess in Schools and Communities, for an outdoor chess festival



**Create (Arts) Ltd**, to tackle environmental issues through art



**Creative Futures**, to provide a music, speech and language digital resource for children who are hearing impaired or who have speech, language and communication needs

**Design Museum**, for a family trail at their Waste Age exhibition

**Discover Children's Story Centre**, to evaluate their work and train teachers in storytelling

**Doorstep Library**, for reading projects to inspire more than 1,400 children



**Equal People Mencap**, for a healthy living project

**Founders4Schools**, to deliver a free, virtual careers event

**Foundling Museum**, for an exhibition on family co-created by careexperienced young adults

**Future Frontiers**, for 400 students to undertake the first year of their programme

**Trust**, to inspire young people in science, technology, engineering and maths

**Hammersmith & Fulham Youth Zone**, towards a
new community centre for
young people

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#### Our work in the UK: our active grants for access to opportunities in 2022

Helen Arkell Dyslexia
Charity, to provide intensive support to students, their teachers and families

Imperial War Museum, for young people to make documentaries inspired by a museum exhibit

**IntoUniversity**, to help disadvantaged young people enter higher education or work

**Little Village**, to support low income families with babies and young children

**London Transport Museum**, to inspire the next generation of engineers

Mayor's Fund for London, to roll out their careers advice programme to 10 new schools and track longer term outcomes

#### Migrants Organise,

towards the recruitment of a full-time caseworker to support refugees and asylum seekers from Afghanistan



**Migration Museum**, to expand its learning programme to reach twice as many students

**Museum of Brands**, to help them engage young learners with culture

**Museum of London**, for a pilot project collecting children's oral histories

**MyBnk**, for 650 children to learn money management skills

**MyBnk**, to equip young adults with financial skills, knowledge and confidence to survive independent living

**National Autistic Society**, to create autism-friendly guides for businesses

**National Gallery**, for Articulation, their public speaking initiative for young people

**National Maritime Museum**, to produce digital resources and lesson plans

New Horizon Youth Centre Ltd, to work with young Londoners who are homeless or at risk of becoming homeless

**Nova New Opportunities**, to run a school holiday activity programme for families



**Photographers' Gallery**, for young Londoners to deliver tours to the general public

Royal Academy of Dance, towards their new, stateof-the-art headquarters in Wandsworth

**Royal Association for Deaf People**, for a careers and wellbeing support service in London

**Royal Institution of Great Britain**, to support their science in schools programme



Royal Society for Blind Children, to teach visually impaired young people kitchen skills

**School-Home Support**, to overcome barriers to learning

**Sir John Soane's Museum**, for informal learning and outreach programmes

**Solidarity Sports**, to reach more young people in Kensington & Chelsea and Hammersmith & Fulham

**Somerset House Trust**, for a learning programme and careers events

**Speech and Language UK**, to support children in the

UK affected by developmental language disorders

**Speech and Language UK**, to accelerate progress in speech and language in the first year of high school

**St Giles Trust**, to support vulnerable young people in Hammersmith & Fulham, Kensington & Chelsea, and Westminster

**St Paul's Girls School**, towards the school's bursary programme

**St Paul's School**, for Colet Mentoring, a network of free academic support

**Teach First**, for their teacher training programme and school leadership work in London

**The Barbican Centre**, to develop a more creative curriculum in London schools

**The Brilliant Club**, to expand their Scholars Programme to south London

**The Education Endowment Foundation**, for research into cognitive science

The Friends of Leighton House, to develop their learning centre

The Gold Standard Charitable

**Trust**, to widen access to outstanding education through Wetherby School's bursary and scholarship fund

**The Media Trust**, towards a new programme of hands-on creative digital media skills training

**The Winch** a.k.a The Winchester Project, for roof repairs and to replace a dance machine

**Universify Education**, to develop a new data collection strategy

**Victoria & Albert Museum**, towards redeveloping the photography centre

**West London Zone**, to support young people to improve their mental health, social skills and academic attainment

Young Westminster
Foundation, for theatre
visits, workshops and work
experience placements

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Our work in the UK

# Health and wellbeing

In 2022, our health and wellbeing grants helped hospitals invest in state-of-the-art equipment and life-saving facilities. We also continued to partner with universities to fund medical research, encouraging innovation in treatment and care. This year, our grants have also helped medical institutions deal with the backlog and challenges created by the Covid-19 pandemic.





Speeding up essential treatment

Our grant to Raise: West Hertfordshire Teaching Hospitals NHS Trust Charity has helped buy an interventional radiology "super" scanner for Watford General Hospital. The equipment will be used to treat many life-threatening conditions, including bleeding following major injury, and for innovative therapy to manage or cure cancer.

"I'd like to say a huge thank you to Kusuma Trust for supporting our scanner appeal. You will be helping to save lives, right here in our community. Without you, this simply wouldn't be happening. On behalf of all our patients to come, thank you."

Dr Muhammad Zamir, Diagnostic and Interventional Radiology Consultant



#### Life-saving facilities

For life-threatening blood cancers, like leukaemia and lymphoma, a bone marrow or stem cell transplant can be a vital part of treatment. In 2022, we awarded a grant to the Stem Cell Transplant Unit at **University College London Hospital** (UCLH). It's a new facility where patients will receive the very latest treatments, backed by world class research and clinical trials.

"This facility has an international reputation as a centre of expertise in a wide range of cancers and blood disorders and has the potential to undertake ground-breaking biomedical and clinical research," said Baroness Julia Neuberger DBE, Chair at UCLH. "With your support, our work in this area will continue to grow and will benefit many of our sickest patients."

#### Our work in the UK: health and wellbeing

### The power of play

The Rainbow Children's Unit at Croydon University Hospital includes amazing facilities for oncology and critical care, but it was missing a dedicated space for children to play. We know that play has an essential role in children's wellbeing, so we gave a grant to Croydon Health Services **Charitable Fund**'s Power of Play appeal. The Rainbow Children's Unit now has two unique outdoor play areas, which include climbing frames, space for teenagers to relax, books, games and mobility aids for children who need them.

"Clinical treatment can be tough and a few minutes playing outside can do wonders for the wellbeing of an ill child and their family," said Giselle Padmore-Payne, Matron of Paediatrics. "We are really grateful for the funding as this permanent non-clinical space also helps to support patient discharges. An excited child rushing down a slide may be ready to go home!"

### Enabling cutting edge research

We continued to support vital research into new ways to treat the body's most amazing muscle – the heart. Wellcome - MRC **Cambridge Stem Cell Institute**, and Prof Molly Stevens at Imperial College **London** are collaborating on innovative research to find ways to regenerate injured heart muscles and prevent heart failure. This is our third grant to support this work. Prof Molly Stevens said: "The support from the Kusuma Trust has enabled

a multidisciplinary crossinstitutional collaboration to develop innovative therapies for cardiovascular disease."

# Our last mile grant to **Moorfields Eye Charity**

helped them to buy a specialist microscope. It means researchers at Moorfields Eye Hospital and the Institute of Ophthalmology at University College London can implement a new technique that makes it possible to detect nearly every cell type and interaction in the eye. This will accelerate progress across a wide range of essential eye research.





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Moorfields Eye Charity

#### Our work in the UK: health and wellbeing

### Radical ideas for improving medical care

We co-funded an important new grants programme for innovation at Chelsea and Westminster Hospital, together with their official charity **CW+** and the Rosetrees Trust. The Rapid Adoption Innovation Call (RADICAL) was looking for ideas that would deliver fast and effective improvements to patient care. Soma Pujari, our Co-Founder and Executive Trustee, was on the judging panel.

Chris Chaney, Chief Executive of CW+, said: "A huge thank you to our panel for their support of the first RADICAL call, and thank you to all the applicants – we had a really strong range of projects and it's great to see innovation being prioritised at our Trust and beyond."

The winning innovation was a smartphone app to test for atrial fibrillation (a common heart rhythm disorder) which will help people who've recently had a stroke. All RADICAL finalists

will have their projects funded including:

- Sadia Kahn: Fibricheck, an atrial fibrillation testing Smartphone app
- Daniel Morganstein: a remote glucose monitoring system
- Lucy Thomas: ChelWest Dermatology Al Image Bank
- Georgi Todorov and Dr Mark Lethby: Hospital at Home







# Our active grants for health and wellbeing in 2022

Asthma + Lung UK, for children to monitor air quality around their schools

Our work in the UK

**Barts Charity**, for COVIDsortium research into Covid-19

Croydon Health Services Charitable Fund, towards the Croydon sick children's play appeal

CW+, Chelsea and Westminster Hospital, to fund projects focused on digital innovation

CW+, Chelsea and Westminster Hospital, to help fund the expansion of their critical care unit

Imperial College of Science, Technology and Medicine, for research into healing

the heart

Imperial College of Science, Technology and Medicine, for further research into healing the heart **King's College Hospital Charity**, to provide calm spaces for staff

Kingston Hospital NHS
Foundation Trust General
Charitable Fund, to extend
the Royal Eye Unit and create
an oncology unit for children

**Moorfields Eye Charity**, for a microscope to research eye conditions

Raise, West Hertfordshire Hospitals Charity, for a super scanner to treat lifethreatening conditions



**Royal Brompton & Harefield Hospitals Charity**, for patient monitors

Royal Brompton & Harefield Hospitals Charity, for CATH lab equipment to investigate heart problems

**SS. John and Elizabeth Charity**, for an accessible, therapeutic garden at St John's Hospice



**St John Ambulance**, to buy and equip four bespoke first aid units

**University College London Hospitals Charity**, towards a new stem cell transplant unit

**University of Cambridge,** for research into healing the heart

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Our work in the UK

# Community and green spaces

Green spaces are good for our mental health and wellbeing, improve the environment, and bring communities together. They're especially important in a city as built up and densely populated as London. Our grants help communities connect with green spaces, appreciate the importance of nature and learn how to make green spaces biodiverse. In 2022, our work in this area included a gardening project for refugees, an urban forest school, and an exciting new addition to one of London's best-loved museums.



Opportunities for Londoners to engage with green spaces

**Global Generation**'s Story Garden is a flourishing green space in Somers Town in north London. We support the garden's education and community engagement projects, so more children and adults can connect with nature through growing food and other gardening activities.

"Our time in the Story Garden has given us the opportunity to get together, learn together, and to do so much in a short time," said participant Hamza, who's a refugee. "It has made our children smile after passing through such difficult circumstances."



#### Helping Londoners discover more about butterflies

Our grant to **Butterfly Conservation**, for their Big City Butterflies project, helped Londoners discover and connect with butterflies, moths and the green spaces that support them. The project reached families, school children, local residents, community groups and volunteers, from five to 75 years of age. They took part in creative activities, such as photography, storytelling and costume design. Big City Butterflies also delivered courses aimed at underrepresented communities who face

barriers preventing them from spending time in green spaces. People were able to get closer to the natural world through woodland living skills, wildlife identification and traditional craft courses.

"Just to say a big thank you for the lovely workshop today. I was so amazed how much the children remembered about butterflies from your last visit, it just shows how impactful these experiences are for them," a teacher.

#### Our work in the UK: community and green spaces

## Getting active in green space

The Garden Classroom brings vital time outdoors to children in Islington – a borough where only 13% of the land is greenspace and 71% of residents don't have a private garden. Our grant meant more children from Islington's primary schools could join the Garden Classroom's Very Urban Forest School and take part in hands-on activities, experiences and games that

stimulate their emotional, social and cognitive growth.

Three-hundred-year-old
Chiswick House sits among 65
acres of gardens in the heart
of west London. Just next door
is Cavendish Primary School,
which doesn't have any green
space of its own. Our grant to
Chiswick House and Gardens
Trust helped the neighbours
join forces. The Meet Me at
the Gates project involves
workshops and hands-on
gardening activities, where

pupils learn more about plant science, habitats and ecosystems. They are also holding summer holiday gardening clubs for pupils and parents. "Cavendish were delighted to team up with the Chiswick House and Gardens Trust," said Chloe Hiorns, Teacher and Science Lead at Cavendish Primary School. "It's a great opportunity for the children in our school to feel part of the local community and to link their science learning to 'real life' activities."



Chiswick House and Gardens Trust

#### Our work in the UK: community and green spaces

### Learning outdoors in London

Visitors to the **London**Wetland Centre in Barnes,
south-west London, get to
leave the hectic city behind
and enjoy an oasis of stunning
scenery and colourful water
birds. We're helping fund an
upgrade of the centre's threestorey observatory tower,
which overlooks the wetlands.
Improvements include bigger

windows and better furnishings. Information panels will also be revamped so they appeal to more people and inspire visitors to take action on key issues such as biodiversity loss and climate change.

A 21-metre long bronze
Diplodocus in the heart of
London might sound like the
stuff of science fiction. But it will
be making its way to the **Natural History Museum** in South

Kensington in spring 2024.
The dinosaur will live in a new
Jurassic Garden where visitors
will be able to fully immerse
themselves in prehistoric times.
Our grant contributed to this
statue and garden, part of the
Natural History Museum's Urban
Nature Project. It aims to give
people, particularly children,
the opportunity to understand
more about urban nature and
ultimately become advocates
for our planet.



**London Wetland Centre** 



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Natural History Museum

# Our active grants for community and green spaces in 2022

Bankside Open Spaces Trust, to create and maintain green city spaces through paid workexperience

**Beauchamp Lodge**, for their floating classroom forest school

**Buglife**, the invertebrate conservation trust, to conserve pollinating insects and restore their habitat

**Butterfly Conservation**, to involve Londoners in protecting butterflies

**Calthorpe Community Gardens**, for a closed loop waste recycling and food

production system

#### **Chiswick House and Gardens**

**Trust**, for workshops and hands-on gardening activities with a local school

**City Harvest**, to save surplus food from waste and redistribute it to those facing food poverty

Conservation Education and Research Trust a.k.a Earth Watch, to train teachers to include environmental education in lessons

**Core Arts**, towards the creation of a community garden

**Crisis UK**, for a gardening project for people experiencing homelessness

**Design Museum**, to establish a new community garden

**Friends of Holland Park**, towards a sensory garden project

**Global Generation**, for a crafting and gardening project for young people

**Global Generation**, to increase opportunities for Londoners to engage with green spaces

Hammersmith Community
Gardens Association, for their
Grow Well project and to better
support their volunteers

**Horatio's Garden**, for an accessible garden at the London Spinal Cord Injury Centre

**Hubbub Foundation UK**, for their communal gardening and food growing project

Imperial College of Science, Technology and Medicine, to measure local air quality

**Islington Play Association**, for a Kids Climate Cafe at Crumbles Castle Adventure Playground



**Kew Gardens**, towards their school bursaries programme

**Kew Gardens**, for their Youth Explainers Programme giving

young people opportunities to volunteer



**Linking Environment and Farming**, towards an education consultant for London to engage with students, teachers and farmers

#### **London Metropolitan**

**University**, towards a project encouraging people to rewild their gardens

**London Wildlife Trust**, for Wild City traineeships, young advisors and a Green Jobs Fair

**Loughborough Junction Action Group**, to support improvements to their community garden

**Natural History Museum,** towards their Urban Nature Project **Roots and Shoots**, to create a new growing area for students and pilot a parent group

**RSPB**, to develop events to connect girls with nature

**Thames21**, to rewild the river Rom

**The Chelsea Physic Garden Company**, for projects including wellbeing for healthcare workers and a rooftop garden for the Chelsea Academy school

**The Garden Classroom**, to run forest school sessions in Islington

The Horniman Museum and Gardens, for a microforest, a forest school and an environmental champions club

**The Orchard Project**, to create two new orchards in London primary schools

**The Orchard Project**, for two new community forest gardens and training in horticulture

**The Ramblers' Association**, to save historic and unrecorded rights of way

**The Royal Parks**, for their Green Futures project offering handson environmental conservation experience

The Zoological Society of London, to bring a new community and education hub to London Zoo

**Trees for Cities**, to transform tarmacked London playgrounds into green spaces

**Vauxhall City Farm**, towards the development of the farm

Walworth Garden, to give people horticultural skills and hands-on experience, enabling them to enter the growing industry



**Wildfowl and Wetlands Trust**, to refurbish and upgrade their observatory tower

Our work in the UK

# Random Acts of Kindness grants

Every year, during the festive season, we make Random Acts of Kindness grants. These are one-off donations of up to £10,000 for not-for-profit organisations whose work we want to recognise. Kusuma Trust staff and trustees each nominate charities to support, anonymously.





Our work in the UK

# Our active grants for Random Acts of Kindness in 2022

#### Alzheimer's Research UK,

investing in research to make life-changing breakthroughs in diagnosis, prevention, treatment and cure of Alzheimer's

**Bite Back 2030**, a movement to make sure every young person has access to healthy, nutritious food

**Bow Food Bank**, an independent charity providing food to the local community in east London

**British Red Cross**, providing humanitarian aid and kindness across 192 countries

Bromley and Croydon Women's Aid, to empower anyone suffering domestic abuse so they can make informed choices about their future **Disability Snowsport UK**, a charity operating ski schools in the UK and delivering opportunities to ski and snowboard in a mountain

environment worldwide

**Evie's Gift**, helping parents of critically ill children with free accommodation near the hospital

**Friends of Royal London Hospital**, a charity improving hospital amenities for both patients and staff

**Give a Book**, promoting books and the pleasure of reading in prisons, schools and with disadvantaged children

**Leukaemia UK**, funding ground-breaking research and care for those affected by leukaemia and other blood cancers

**Lewisham Music**, local music education charity, part of the Youth Music Network

**Live Unlimited**, providing support and opportunities for looked after children and young care leavers in Barnet

#### London Reclaimed

providing job-specific training, employability skills, tailored mentoring and paid work to 16 to 25-year-olds in south-east London

**Magpie Project**, supporting mums and under-fives in temporary accommodation in Newham

**Motor Neurone Disease Association**, supporting people living with MND and funding vital research

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Top: Tower Hamlets Opportunity Group Above: Tamasha Theatre Company

#### Our work in the UK: Random Acts of Kindness grants 2022

**Music as Therapy**, embedding music in the care of vulnerable children and adults in the UK and worldwide



**Music Venue Trust**, to protect, secure and improve UK grassroots music venues

**Rosetta Arts**, a hub for art and creative learning in the heart of east London

#### Royal Mencap Society,

supporting people with a learning disability, their families and carers

#### **Small Acts of Kindness**

**Trust**, reducing loneliness and isolation for older people by connecting communities with kindness

**Sports Traider**, giving young people employment and sports participation opportunities

**Spread the Word**, London's writer development agency, helping London's writers make their mark – on the page, the screen and in the world

**Street Doctors**, empowering young people affected by violence with first aid skills and knowledge to save lives

#### Sufra NW London,

supporting people in crisis

– including families living in
extreme poverty and people
who are vulnerable, homeless
and socially isolated

**Switch180**, turning young lives around through innovative services focusing on physical and mental health support

#### Tamasha Theatre Company,

enabling artists from the Global Majority to shape the most powerful stories to move, provoke and inspire people across the UK



#### The Armitage Foundation,

working to increase the diversity of UK medical schools by supporting students

The Bike Project, taking in secondhand bikes, refurbishing them and donating them to refugees and asylum seekers in the UK

#### The Elizabeth Foundation.

providing education services for babies and preschool children with all degrees of deafness

The Friends of Rosendale
Primary School, bringing the
Rosendale community together to
support the school and its children

#### The Hall School Charitable Trust,

for the education of boys aged between four and 13, including sports, music, drama, arts and crafts and other activities

#### The Healthy Living

**Platform**, offering activities that benefit the health and wellbeing of the whole community in Lambeth

#### The Kids Network, a

community of children and young professionals connecting through fun, friendship and hardship for positive social change

#### The Listening Place,

supporting people who feel life is no longer worth living with free, confidential and ongoing face-to-face listening

#### The Literacy Pirates,

improving the reading, writing, confidence and perseverance of children who are falling behind in school and have fewer opportunities

#### **Tower Hamlets Opportunity**

**Group**, providing a playgroup for children from ages two to five across the London borough of Tower Hamlets

**Turn2us**, a national charity providing practical help to people who are struggling financially

#### **Two Ridings Community**

**Foundation**, enabling people who want to give across North and East Yorkshire to set up funds and donate to causes they care about

**UK for UNHCR**, the United Nations Refugee Agency's national charity partner for the United Kingdom

**UNICEF UK**, the UK committee for UNICEF, the national charity for keeping children safe

**Wasafiri**, the UK's leading magazine for international contemporary writing to encourage readers to travel the world to engage in crosscultural dialogue

# **Yorkshire Air Ambulance**, a charity providing a life-saving rapid response emergency service

Young Lewisham Project,

across Yorkshire

offering a range of supportive, alternative, vocational programmes to young people who are not reaching their full potential in mainstream education

**Young Minds**, the UK's leading charity fighting for children and young people's mental health

Young Roots, working with young refugees and asylum seekers aged 11 to 25, most of whom are alone in the UK, to improve their wellbeing and fulfil their potential

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# Our work in Gibraltar

In 2022, we continued to work with our partners to enhance the vibrant community of Gibraltar. We award grants to a range of innovative and impactful programmes that advance health, wellbeing and education. The broad range of projects we supported in 2022 covered everything from marine science to mental health, cultural events to career development.





As part of Gibraltar's **Rock Retreat** cultural exchange, around 500 young people, aged six to 16, took part in a series of creative workshops led by writers and artists from around the world. They gained insight into storytelling techniques including how characters are created.



#### Essential medical equipment for sick babies

In Gibraltar, sick babies had to be transferred to Spain or the UK for treatment – a time-consuming and stressful journey. We gave a grant to the Gibraltar Health Authority to purchase medical equipment to treat newborns in Gibraltar. This included video laryngoscopes, a cerebral function monitor and a specialist 'cooling' machine that can improve the prognosis for premature babies with hypoxic-ischemic encephalopathy (HIE), a serious condition that develops if a baby's brain does not receive enough oxygen and/or

blood flow around the time of birth.

The equipment has already been used to care for two critically ill newborn babies in Gibraltar.

"Thanks to the generous donation of Kusuma
Trust, we had introduced an innovative 'cooling
blanket," said Dr Lorena Soler-Casale, Consultant
Neonatologist at St Bernard's Hospital Gibraltar.
"Two babies born with HIE had already lain on
a cooling blanket, and the results have been
encouraging, if not downright miraculous."

#### Our work in Gibraltar

# Getting more young people the right support

Every day of the year, **Childline Gibraltar**'s free helpline service is there for children and young people desperate to talk to someone they can trust. Increasingly, calls were coming from young people with more complex mental health issues and in high-risk situations. So, we awarded a grant to help the charity adapt their counselling model. Initially, 18 staff and volunteers are being trained to develop new skills so they can expand the support offered to children and young people. The charity will also recruit and train 12 new volunteers.

Compassion, gratitude, forgiveness, patience and

trust – these are just some of the traits being taught to children in Gibraltar as part of the MBS Wellbeing After School Programme for five to 15-year-olds. MBS Wellbeing's 36 professional practitioners specialise in a wide range of techniques, enabling creative expression through physical activities, art, dance and music. Our grant will help fund the work, giving participants the tools they need to process and manage difficult emotions and improve their self-esteem and confidence.

#### Preparing for the future

Over 200 Year 12 pupils attended the 2022 **Kusuma Trust University Talks**, which are held twice a year in the

spring and autumn terms. Topics covered included: how to choose a university and course, writing a strong personal statement and performing well in interviews. There were one-to-one sessions for those applying to Oxbridge, medicine and dentistry courses, as well as CV writing workshops for those applying for jobs. "Feedback has been exceptionally positive," said Jane Marshall from Optimising Futures, who ran the event. "Students will also be able to access additional videos and resources via the Optimising Futures website to support their application journey. Huge thanks to Kusuma Trust Gibraltar for once again supporting the event!"

Below left: MBS Wellbeing Below right: Kusuma Trust University Talks





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#### Our work in Gibraltar

#### Rewarding excellence

Our yearly Excellence Prize celebrates
Gibraltar's most inspiring students. The
one-off £3,000 grant is an incentive for high
achieving students to study their chosen
subject at top universities. In 2022, we
awarded six Excellence Prizes for students to
take up the following university places:



**Aryan Dhanwani** – BA Philosophy, Politics & Economics at the University of Oxford



**Alicia Fernandes** – MBBS Medicine at King's College London



**David Lester** – BA/Msc Natural Sciences at the University of Cambridge



**Rebecca McHard** – BSc Veterinary Medicine & Science at the University of Edinburgh



**Roseanna Warne** – BSc Biology & Mathematics at Durham University



Leonardo Zhang Zhuo – BSc Mathematics with Management & Finance at King's College London

#### Supporting professional development

Every year, we celebrate Gibraltar's strong community spirit by awarding grants for professional development that will benefit the people who live and work there. The successful applicants chose the following courses:

**Carla Borastero** – Trauma and Mental Health Practitioner

**Amey Cerisola** – Postgraduate Certificate in Academic Practice

**Melanie Gordon** – MSc Leadership in Healthcare trust

**Christina Macano** – Certificate in Cancer Genetics

**Stephanie Mor** – Management of Childhood Diabetes and Childhood Diabetes Care

Mary-Anne Nacimiento, Veena Purswani, Emily Olivero-Adamberry – Clubhouse training and best practice sharing in Norway

**Deborah Reason** – MSc Palliative Care

**Jamie Reyes** – HCPC Registration – Biomedical scientist

**Paris Tavares** – PGCert Dyslexia and Literacy Difficulties

#### Our work in Gibraltar

### Our active grants in Gibraltar in 2022





**Childline Gibraltar**, for staff and volunteer training

**CYE-CYL**, to provide young people with the skills for employment or further education

**Excellence Awards**, an incentive for high achieving students to study their chosen subject at top universities

**Gibraltar Botanic Gardens**, to develop a purpose-built education area

**Gibraltar Digital Skills Academy**, for Microsoft technicians' courses

Gibraltar Health Authority,

for a critical care training course for nurses at St Bernard's Hospital

**Gibraltar Netball Association**, towards participation in the Netball Europe Challenge Cup

**Gibraltar Sustainability Awards**, to sponsor the 2023 awards and encourage sustainable practices

**Knit Gibraltar**, to purchase wool and yarn for its members

**Kusuma University Talks** to prepare students for life at university through interactive and one-on-one sessions

Top left: Gibraltar Health Authority
Top right: The Nautilus Project

**MBS Wellbeing Foundation**, for after school clubs focusing on wellbeing

**Professional Development Awards**, one-off grants for professional development that will benefit the people who live and work in Gibraltar

**The Nautilus Project**, to provide equipment for a marine science laboratory

**The Rock Retreat**, for a series of creative workshops focused on children's literature



# Our work in India

In 2022, we continued to support Transform Schools, a project that's improving the education of millions of children across India, by working with pupils, teachers, head teachers and school governors. We've also awarded grants to our ongoing partners including the well-established Sree Chitra Tirunal Institute for Medical Sciences & Technology to upgrade their pain clinic for older people.



Transform Schools, People for Action

#### Below and facing page: Transform Schools, People for Action

#### Improving teaching, learning and school management

The **Transform Schools** initiative is working within the Indian government's school system to make sure children can reach a level of learning that's appropriate to the class they're in. They're strengthening school governance, helping teachers and head teachers develop professionally, and supporting State departments to make improvements to the education system.

Transform Schools are currently:

- working in four States:Odisha, Chhattisgarh, WestBengal and Telangana
- working with 2,314,650 students
- supporting 26,413 schools and head teachers
- supporting 49,259 teachers
- In 2022, they worked to secure partnerships with the State governments of Assam, West Bengal and Karnataka.



"We had forgotten the basics of our subjects during the two years of school closures [due to Covid-19]. The Back to School programme helped us reconnect with our previous knowledge of our last classes. The programme further helped us to cope with the syllabus."

Ayesha, class 9, Transform Schools' Back to School community-based learning and student retention programme.

"It was a great opportunity for me to be a part of this role-model session. The topics which were discussed in the session were new and extremely interesting to the students and would allow them to think about career prospects like coding, robotics, IT and computer science, I am really thankful to Transform Schools for giving our school and students such a great opportunity." Shabnam Naaz, Headteacher at Judge Abdul Bari Girls High School, who took part in a STEM:CODE programme in Kolkata.

#### Supporting future leaders

Transform Schools' Future School Leaders Programme helps improve school standards by supporting teachers, head teachers and school governors to build leadership and management skills – strategic, academic and administrative. In 2022:

- the programme reached more than 5,000 head teachers across Odisha, West Bengal and Chhattisgarh
- 74% of head teachers improved their leadership skills in intervention schools compared to 20% from control schools.



#### Our work in India

# Our active grants in India in 2022

**Indian Institute of Technology Delhi**, to establish the Kusuma
School of Biological Sciences

**People for Action**, for the Transform Schools teaching, learning and school management programme



Sree Chitra Tirunal Institute for Medical Sciences & Technology, to upgrade their pain clinic for older people

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# Grants awarded by Kusuma Trust UK

### 1 January 2022 - 31 December 2022

#### **UK GRANTS**

A New Direction	£43,250	Global Generation	£25,000	Royal Brompton & Harefield Hospitals		The Royal Parks	£60,000
Ambitious about Autism	£31,926	Hammersmith & Fulham		Charity	£38,465	Trees for Cities	£40,000
Asthma + Lung UK	£50,000	Youth Zone	£150,000	Royal Institute of Great Britain	£32,995	Turn2us Charity	£10,000
Avenues Youth Project	£42,155	Hammersmith Community Gardens		Royal Society for Blind Children	£27,756	Two Ridings Community Foundation	£10,000
Beauchamp Lodge Settlement	£7,675	Association	£24,165	Royal Society for the Protection of Birds	£13,429	United Kingdom for UNHCR	£10,000
Bow Foodbank Limited	£10,000	Imperial College London	£33,861	School-Home Support	£100,000	Universify Education	£5,000
British Red Cross	£10,000	IntoUniversity	£100,000	Solidarity Sports	£25,000	University College London Hospitals	
Bromley and Croydon Women's Aid	£10,000	Islington Play Association	£34,400	Somerset House Trust	£30,780	Charity	£500,000
Buglife	£30,000	KIDS	£8,003	Sports Traider Charity	£10,000	University of Cambridge	£50,000
Chance to Shine	£16,800	King's College Hospital Charity	£10,000	SS John & Elizabeth Charity	£20,000	Vauxhall City Farm	£53,467
Chefs in Schools	£25,000	Lewisham Music	£10,000	St Giles Trust	£100,000	Victoria & Albert Museum	£1,000,000
Chess in Schools	£25,000	Linking Environment and Farming	£16,000	St John Ambulance	£114,000	West Hertfordshire Hospitals NHS Tru	st £159,000
Chiswick House and Gardens Trust	£23,315	Little Village HQ	£100,000	St Paul's School	£19,905	West London Zone	£100,000
City Harvest Ltd	£30,000	London Metropolitan University	£16,392	St Paul's Girls School	£50,000	Wildfowl and Wetlands Trust	£9,312
Core Arts	£32,100	London Reclaimed	£10,000	Street Doctors	£10,000	Yorkshire Air Ambulance	£10,000
Create (Arts) Limited	£24,753	London Transport Museum	£18,269	Sufra – NW London	£10,000	Young Minds	£10,000
Creative Futures	£24,150	London Wildlife Trust	£25,000	Switch180	£10,000	Young Westminster Foundation	£16,805
Crisis UK	£15,000	Magpie Project	£10,000	Teach First	£200,000	TOTAL	£5,276,232
Croydon Health Services Charitable Fund	£40,157	Mayor's Fund for London	£15,000	Thames21 Limited	£11,760		
Design Museum	£24,885	Motor Neurone Disease Association	£10,000	The Barbican Centre	£24,625	GIBRALTAR GRANTS	
Disability Snowsport UK	£10,000	Museum of Brands	£10,000	The Brilliant Club	£43,000		
Doorstep Library	£50,000	Museum of London	£53,000	The British Library	£59,000	Kusuma Trust Gibraltar	£269,463
Evie's Gift	£7,000	Music Venue Trust	£10,000	The Friends of Leighton House	£45,450	TOTAL	£269,463
Founders4Schools	£25,000	MyBnk	£24,500	The Garden Classroom	£13,737		
Foundling Museum	£20,750	National Autistic Society	£21,104	The Hall School Charitable Trust	£10,000	INDIA GRANTS	
Friends of Holland Park	£8,137	Natural History Museum	£375,000	The Healthy Living Platform	£10,000		
Friends of Rosendale Primary School	£5,000	New Horizon Youth Centre	£100,000	The Listening Place	£10,000	People for Action	£101,012
Friends of Royal London Hospital	£10,000	Nova New Opportunities	£21,112	The Media Trust	£25,000	TOTAL	£101,012
Future Frontiers	£25,000	Rosetta Arts	£10,000	The Orchard Project (Cause) Ltd	£24,895		
Give a Book	£10,000	Royal Academy of Dance	£200,000	The Royal Association for Deaf People	£14,992	TOTAL	£5,646,707

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#### Grants

### Grants awarded by Kusuma Trust Gibraltar

1 January 2022 - 31 December 2022

### GRANTS TO INSTITUTIONS AND PROJECTS

#### **GRANTS TO INDIVIDUALS**

Change Your Energy –		Professional Developm
Change Your Life	£10,000	University and Exceller
Childline Gibraltar	£24,515	University Talks for Stud
Gibraltar Digital Skills Academy	£47,000	TOTAL
Gibraltar Netball Association	£250	
Gibraltar Sustainability Awards	£14,700	TOTAL
Knit Gibraltar	£1,000	
Mind Body Soul (MBS) Wellbeing	£25,000	
The Rock Retreat	£8,393	
TOTAL	£130,858	

Professional Development Awards £16,824
University and Excellence Scholarships £21,000
University Talks for Students £13,976
TOTAL £51,800

TOTAL £182,658

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